



## FCS ALL STAR COMPETITION TEAM TRYOUTS (revised)

Season 3 July 2015-April 2016

### What do you need to know???

#### What is All-Star Competitive Cheerleading???

Through competition, performance & practice, FCS strives to develop the whole athlete – physically, mentally, & emotionally. Our philosophy is that every child can reach their potential through positive guidance & superior instruction. All-Star cheerleading combines tumbling, elite stunting, dance, strength & conditioning to teach goal setting & team work.

IF YOUR CHILD MAKES THE TEAM A FEE OF \$30 AT THE PARENT MEETING MAY 20<sup>TH</sup>.. THIS FEE GOES TO REGISTERING YOUR CHILD AS A USASF (UNITED STATES ALL-STAR FEDERATION) MEMBER. FCA ALL-STARS WILL ONLY BE COMPETING AT USASF SANCTIONED EVENTS THIS YEAR.

**Brand New FCS All-Star cheerleaders must also pay \$100 uniform deposit at fittings. Fittings take place MAY 20th.**

#### COMPETITION FEES for the 2015-2016 Season:

**Tiny-** \$120 (3 competitions)

**All Teams-** \$300 (5 competitions)

This amount is to be paid by mid-October. This money can be raised by sponsorship or out of pocket. Payments can be made upon request.

**TRY-OUTS WILL BE HELD AT FCS ON MAY 14<sup>TH</sup> STARTING AT 5:30**

**TRY-OUT PRACTICE WILL BE ON MAY 13<sup>TH</sup> FROM 5:30-7:00**

**Team Results will be posted on our Facebook the night of May 14<sup>th</sup>**

#### 2015-2016 Competition Season Tentative Schedule

Nov. 2015- FCDA Kick-Off  
Lakeland, Florida

Dec. 2015- All-Out  
Championships  
Tampa, Florida

Jan. 2016- Aloha Spirit  
Championships  
Daytona Beach, Florida

February 6<sup>th</sup> 2016: The  
Official Florida  
Championships Tampa \$90

March- NO COMPETITION  
(Possible Performance)

April 10 2016: Cheer Sport  
Jacksonville, FL

#### What is FCS looking for at tryouts?

If Your Child Is Trying Out For...

**All Teams(Except Tiny)-** Triple Toe Touch

**All Teams-** 3 8count dance (will be taught at try-out practice)

**Tiny-** Single Toe Touch

**Tiny (Ages 5 and Under):** Forward Roll, Cartwheel

**Junior Team (Ages 14 and Under):**  
Forward Roll, Cartwheel, Round-Off,  
Backbend Kick Over, Front/Back  
Walkover

(Not Required) Front/Back Handspring

**Senior Team (10 to 18):** Dive Roll,  
Front/Back Walkover, Front/Back  
Handspring

#### FCS COMPETITION TEAM MONTHLY TUITION

\$50.00- Team Practices ONLY

\$80.00- Team Practices and ONE  
tumbling practice a week

\$100.00- Team Practice and TWO  
tumbling practices a week

Tuition is due the first practice of the month. A \$10 late fee will be enforced.